

2026 - 2027 INFANT NUTRITION ESSENTIALS

Improve skills. Gain confidence.

A six-month comprehensive course starting October 1st, 2026.

COURSE HIGHLIGHTS

- 100% virtual
- 35 CPEU CDR certificate program
- 8 hours of video modules
- Twice monthly live Q&As
- Monthly live case studies
- Recordings for all live events



Growth Assessment

Choose the right growth chart, interpret trends, spot red flags and extract valuable information to point your nutrition intervention in the right direction.



Concentrating Feeds

Feel confident with every step of the math to concentrate expressed breast milk, infant formula, including the use of modulars.



Pediatric Malnutrition

Determine the severity, the chronicity and the etiology of malnutrition. Address, prevent and correct negative effects of malnutrition on developmental and intellectual function.



Complementary Foods

Build confidence in assessing infant readiness and providing evidence-based complementary feeding guidance. Explore first foods, iron, texture progression, responsive feeding, allergen introduction, and choking prevention.



Infant Assessment

Arm yourself with probing questions to ask parents/caregivers, tips for introduction of solids and baby lead weaning/feeding. Starting with evidenced requirements - all in the same place.



Preterm Nutrition Basics

Ensure you're up-to-date on growth, malnutrition and preterm requirements. Enhance your knowledge of common issues that affect neonates and strategies to enhance your nutritional interventions.



Breastmilk & Formula

Breastmilk is best, but it's important to understand categories of formula and their indications. Be equipped with the knowledge to handle those "what do you think about this formula?" questions.



OT Feeding Perspective

Gain an understanding of what an OT suggests in terms of introduction and progression of solids, transition from breast or bottle to cup, signs of an unsafe feeder and more.

ABOUT US

Julie Larocque and Charlene Kennedy are pediatric dietitians and co-founders of Nutrition Masterclass. Sharing their evidence-based and practical knowledge, you'll receive the tools you need to increase your confidence and provide families with advice that makes a difference.

CONTACT

 info@nutritionmc.com

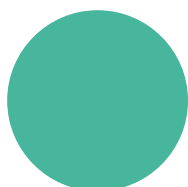
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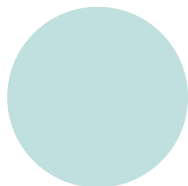
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Waitlist Pricing

\$549 USD or \$775 CND

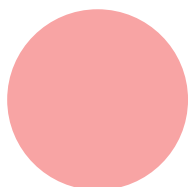
Deadline: September 3, 2026 @ 4pm EDT



Early Bird Pricing

\$699 USD or \$979 CND

Deadline: September 28, 2026 @ 4pm EDT



Full Price

\$899 USD or \$1259 CND

Deadline: September 30, 2026 @ 4pm EDT

3 Month Payment Plans Available

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